

Programmanr. 12
 7-1-2023

200m wisselslag

 20 jaar en ouder
 Resultaten

rang	naam	vereniging	intijd	tijd	RT
Masters 35+, Heren					
1.	Rob van Vliet	ZPC Amersfoort	2:23.71	198402459	2:26.79 +0,80
	50m: 30.44	100m: 1:08.98	150m: 1:50.82	200m: 2:26.79	
Masters 40+, Heren					
1.	Bas van den Nouwelant	ZV Vlaardingen-Schiedam	2:53.76	198001103	2:51.46 +0,84
	50m: 36.78	100m: 1:22.20	150m: 2:11.17	200m: 2:51.46	
2.	Oscar Monge	IJZPC	2:55.00	198102599	2:54.46 +0,79
	50m: 37.13	100m: 1:21.66	150m: 2:16.40	200m: 2:54.46	
Masters 50+, Heren					
1.	Bruno Nahon	Cercle De Natation Sportcity	V2:48.00	CNSW/000390/70	2:49.37
	50m: 36.45	100m: 1:20.01	150m: 2:10.05	200m: 2:49.37	
2.	Jacques Verriet	V.Z.V. Njord	3:00.40	197001039	2:55.68 +0,83
	50m: 39.02	100m: 1:24.95	150m: 2:13.24	200m: 2:55.68	
3.	Erwin Snip	ESCA Zwemmen	3:13.97	197001555	3:08.72 +0,83
	50m: 39.80	100m: 1:29.59	150m: 2:25.45	200m: 3:08.72	
Masters 55+, Heren					
1.	Harold Matla	Psv	2:40.27	196800591	2:46.18 +0,93
	50m: 37.34	100m: 1:22.47	150m: 2:08.92	200m: 2:46.18	
Masters 60+, Heren					
1.	Richard Tiemstra	De Biesboschwemmers	3:06.25	196301397	3:08.94 +0,98
	50m: 40.81	100m: 1:32.13	150m: 2:27.26	200m: 3:08.94	
2.	Christian Kiekens	Cercle De Natation Sportcity	V3:22.23	CNSW/010557/60	3:17.91
	50m: 48.56	100m: 1:40.42	150m: 2:33.86	200m: 3:17.91	
Masters 60+, Heren					
1.	Richard Tiemstra	De Biesboschwemmers	3:06.25	196301397	3:08.94 +0,98
	50m: 40.81	100m: 1:32.13	150m: 2:27.26	200m: 3:08.94	
2.	Christian Kiekens	Cercle De Natation Sportcity	V3:22.23	CNSW/010557/60	3:17.91
	50m: 48.56	100m: 1:40.42	150m: 2:33.86	200m: 3:17.91	
Masters 65+, Heren					
1.	Thierry Schurmans	Cercle De Natation Sportcity	V3:44.71	CNSW/007944/58	3:38.16 +0,92
	50m: 49.82	100m: 1:51.00	150m: 2:50.66	200m: 3:38.16	
Masters 20+, Dames					
1.	Ariane Krijt	Trb/Res	2:50.00	199906646	2:56.91 +0,92
	50m: 41.11	100m: 1:25.71	150m: 2:17.92	200m: 2:56.91	
2.	Annelieke Verriet	V.Z.V. Njord	3:18.53	200300552	3:17.85 +0,78
	50m: 44.57	100m: 1:35.54	150m: 2:31.91	200m: 3:17.85	
Masters 25+, Dames					
1.	Larissa Jansen	Psv	2:48.63	199500660	2:42.34 +0,86
	50m: 35.28	100m: 1:17.78	150m: 2:05.40	200m: 2:42.34	
2.	Jisca Majolee	ZPC Amersfoort	2:50.00	199403570	2:48.96 +0,90
	50m: 35.21	100m: 1:20.34	150m: 2:10.35	200m: 2:48.96	

Programmanr. 12, Dames, 200m wisselslag, Masters 25+

rang	naam	vereniging	intijd	tijd	RT
3.	Djamari Oetringer	Aqua-Novio '94	3:05.00	199600546	3:03.94 +0,86
	50m: 41.60	100m: 1:30.05	150m: 2:20.71	200m: 3:03.94	

Masters 30+, Dames

1.	Daphne Kievit	ZPC Amersfoort	2:55.26	199207058	2:59.68 +0,87
	50m: 38.79	100m: 1:24.60	150m: 2:17.49	200m: 2:59.68	
2.	Lisa van Ewijk	Trb/Res	3:20.00	199204840	3:32.07
	50m: 42.30	100m: 1:36.55	150m: 2:39.66	200m: 3:32.07	
3.	Anouk Bloem	Trb/Res	3:51.72	199000320	3:56.16
	50m: 56.55	100m: 1:54.79	150m: 2:59.92	200m: 3:56.16	

Masters 35+, Dames

1.	Susanne van der Linden	Z & PC DIO	2:44.88	198802736	2:43.71 +0,77
	50m: 35.59	100m: 1:19.93	150m: 2:04.86	200m: 2:43.71	
2.	Nikki Roon	IJZPC	2:53.67	198803712	2:51.67 +0,94
	50m: 38.61	100m: 1:22.31	150m: 2:12.06	200m: 2:51.67	

Masters 40+, Dames

1.	Roos van Esch	ACZ	2:37.69	198200468	2:36.34 +0,86
	50m: 33.86	100m: 1:14.05	150m: 2:00.28	200m: 2:36.34	
2.	Debbie van Rooijen	IJZPC	2:46.37	198201402	2:44.78 +0,83
	50m: 35.85	100m: 1:18.53	150m: 2:07.26	200m: 2:44.78	

Masters 45+, Dames

1.	Liselotte Joling	Psv	2:42.51	197500268	2:43.55 +0,88
	50m: 35.97	100m: 1:19.32	150m: 2:06.54	200m: 2:43.55	
2.	Jolanda van Gendt	Psv	2:53.19	197800266	2:57.05 +0,76
	50m: 40.01	100m: 1:24.30	150m: 2:16.91	200m: 2:57.05	

Masters 50+, Dames

1.	Karin Stein	ZV Vlaardingen-Schiedam	2:53.21	197100554	3:05.17 +0,78
	50m: 39.40	100m: 1:32.67	150m: 2:23.51	200m: 3:05.17	

AFGEM Kathy Van Lindt Cercle De Natation Sportcity V2:52.85 CNSW/007949/71

Masters 55+, Dames

1.	K. van Nassau-van den Heuv	Old Dutch Breda	3:19.20	196600188	3:19.03 +0,86
	50m: 44.39	100m: 1:38.25	150m: 2:32.92	200m: 3:19.03	

Masters 60+, Dames

1.	Patty Verhagen	Psv	3:15.92	195900146	3:14.65 +0,98
	50m: 45.12	100m: 1:33.36	150m: 2:31.65	200m: 3:14.65	

Masters 65+, Dames

1.	Atie Pijtak-Radersma	ZPC Amersfoort	3:11.68	195600048	3:03.14 +0,75
	<i>Nederlands Masters Record</i>				
	50m: 38.55	100m: 1:27.06	150m: 2:22.76	200m: 3:03.14	

Programmanr. 12, 200m wisselslag

Masters 70+, Dames

1.	Gonnie Bak	Psv				4:30.00	195100064		4:16.97	+0,92
	50m:	1:03.19	100m:	2:14.24	150m:	3:23.06	200m:	4:16.97		