

Lange Afstand Wedstrijd  
Gorinchem, 16-3-2024



Programmanr. 1  
16-3-2024

1500m vrije slag

Senioren  
Resultaten

rang	naam	vereniging	intijd	tijd	RT	
<b>Junioren 1 en 2, Jongens</b>						
1.	Hugo Hulstijn	Wijchen	NT	201100297	<b>21:56.78</b>	
	50m: 38.71	38.71	450m: 6:38.74	45.00	850m: 12:39.89	44.25
	100m: 1:22.46	43.75	500m: 7:23.46	44.72	900m: 13:25.17	45.28
	150m: 2:07.42	44.96	550m: 8:08.42	44.96	950m: 14:09.85	44.68
	200m: 2:52.77	45.35	600m: 8:54.61	46.19	1000m: 14:53.83	43.98
	250m: 3:38.33	45.56	650m: 9:39.39	44.78	1050m: 15:37.27	43.44
	300m: 4:23.36	45.03	700m: 10:24.99	45.60	1100m: 16:24.39	47.12
	350m: 5:08.92	45.56	750m: 11:10.14	45.15	1150m: 17:03.74	39.35
	400m: 5:53.74	44.82	800m: 11:55.64	45.50	1200m: 17:48.58	44.84
					1250m: 18:33.80	45.22
					1300m: 19:15.96	42.16
					1350m: 19:57.96	42.00
					1400m: 20:38.64	40.68
					1450m: 21:23.15	44.51
					1500m: 21:56.78	33.63

**Junioren 3 en 4, Jongens**

1.	Tomas Brilleman	De Warande	NT	200801071	<b>19:55.29</b>	
	50m: 34.28	34.28	450m: 5:49.58	39.85	850m: 11:17.09	41.00
	100m: 1:12.17	37.89	500m: 6:30.59	41.01	900m: 11:58.07	40.98
	150m: 1:50.74	38.57	550m: 7:11.20	40.61	950m: 12:39.07	41.00
	200m: 2:29.53	38.79	600m: 7:52.16	40.96	1000m: 13:19.17	40.10
	250m: 3:08.86	39.33	650m: 8:33.87	41.71	1050m: 13:59.72	40.55
	300m: 3:49.39	40.53	700m: 9:14.82	40.95	1100m: 14:40.33	40.61
	350m: 4:29.43	40.04	750m: 9:55.70	40.88	1150m: 15:20.42	40.09
	400m: 5:09.73	40.30	800m: 10:36.09	40.39	1200m: 16:01.19	40.77
					1250m: 16:41.98	40.79
					1300m: 17:21.85	39.87
					1350m: 18:01.85	40.00
					1400m: 18:40.10	38.25
					1450m: 19:19.15	39.05
					1500m: 19:55.29	36.14

**Junioren 3 en 4, Meisjes**

1.	Anne Lisman	De Biesboschwimmers	NT	200900168	<b>23:16.97</b>	
	50m: 40.01	40.01	450m: 6:51.30	46.16	850m: 13:08.27	47.71
	100m: 1:24.56	44.55	500m: 7:38.39	47.09	900m: 13:55.40	47.13
	150m: 2:10.28	45.72	550m: 8:25.31	46.92	950m: 14:43.77	48.37
	200m: 2:56.79	46.51	600m: 9:12.15	46.84	1000m: 15:31.45	47.68
	250m: 3:42.91	46.12	650m: 9:59.33	47.18	1050m: 16:18.95	47.50
	300m: 4:29.97	47.06	700m: 10:46.94	47.61	1100m: 17:07.27	48.32
	350m: 5:17.03	47.06	750m: 11:33.84	46.90	1150m: 17:55.47	48.20
	400m: 6:05.14	48.11	800m: 12:20.56	46.72	1200m: 18:42.47	47.00
					1250m: 19:29.45	46.98
					1300m: 20:16.27	46.82
					1350m: 21:02.33	46.06
					1400m: 21:47.70	45.37
					1450m: 22:33.60	45.90
					1500m: 23:16.97	43.37