

Programmanr. 103  
16-3-2024

800m vrije slag

Masters  
Resultaten

rang	naam	vereniging	intijd	tijd	RT	
<b>Masters 50+, Heren</b>						
1.	Henri Verschoor	De Biesboschzwemmers	11:11.59	197001041	<b>11:07.74</b>	
	50m: 36.30	36.30 250m: 3:20.87	41.92	450m: 6:10.34	42.63 650m: 9:01.90	42.78
	100m: 1:16.32	40.02 300m: 4:02.84	41.97	500m: 6:53.28	42.94 700m: 9:44.44	42.54
	150m: 1:57.14	40.82 350m: 4:45.25	42.41	550m: 7:36.00	42.72 750m: 10:26.87	42.43
	200m: 2:38.95	41.81 400m: 5:27.71	42.46	600m: 8:19.12	43.12 800m: 11:07.74	40.87
<b>Masters 25+, Dames</b>						
1.	Mandy Swart	De Biesboschzwemmers	11:38.89	199904916	<b>11:40.34</b>	
	50m: 35.90	35.90 250m: 3:26.86	44.27	450m: 6:22.24	44.29 650m: 9:23.02	46.50
	100m: 1:16.87	40.97 300m: 4:10.52	43.66	500m: 7:06.62	44.38 700m: 10:09.43	46.41
	150m: 1:59.68	42.81 350m: 4:54.43	43.91	550m: 7:51.34	44.72 750m: 10:54.87	45.44
	200m: 2:42.59	42.91 400m: 5:37.95	43.52	600m: 8:36.52	45.18 800m: 11:40.34	45.47
<b>Masters 35+, Dames</b>						
1.	Ingrid Johannes	De Kempvis	NT	198907370	<b>13:27.33</b>	
	50m: 42.61	42.61 250m: 3:58.79	50.93	450m: 7:22.64	50.58 650m: 10:50.29	52.07
	100m: 1:29.33	46.72 300m: 4:49.54	50.75	500m: 8:14.36	51.72 700m: 11:43.12	52.83
	150m: 2:17.86	48.53 350m: 5:40.92	51.38	550m: 9:06.45	52.09 750m: 12:35.70	52.58
	200m: 3:07.86	50.00 400m: 6:32.06	51.14	600m: 9:58.22	51.77 800m: 13:27.33	51.63
<b>Masters 40+, Dames</b>						
1.	Kirsten van der Steen	De Biesboschzwemmers	10:20.00	198101420	<b>11:05.88</b>	
	50m: 36.41	36.41 250m: 3:21.65	42.01	450m: 6:11.12	42.11 650m: 9:02.96	43.09
	100m: 1:16.74	40.33 300m: 4:03.77	42.12	500m: 6:53.93	42.81 700m: 9:45.65	42.69
	150m: 1:57.84	41.10 350m: 4:46.06	42.29	550m: 7:36.80	42.87 750m: 10:26.99	41.34
	200m: 2:39.64	41.80 400m: 5:29.01	42.95	600m: 8:19.87	43.07 800m: 11:05.88	38.89
2.	A. Verschoor-Vos	De Biesboschzwemmers	NT	198102300	<b>11:18.69</b>	
	50m: 35.18	35.18 250m: 3:22.87	42.39	450m: 6:13.03	42.48 650m: 9:07.60	44.43
	100m: 1:16.32	41.14 300m: 4:05.50	42.63	500m: 6:55.89	42.86 700m: 9:51.80	44.20
	150m: 1:58.16	41.84 350m: 4:48.19	42.69	550m: 7:39.49	43.60 750m: 10:37.71	45.91
	200m: 2:40.48	42.32 400m: 5:30.55	42.36	600m: 8:23.17	43.68 800m: 11:18.69	40.98
3.	Sabrina Boekhout	De Biesboschzwemmers	11:43.47	198100120	<b>11:19.53</b>	
	50m: 36.60	36.60 250m: 3:26.76	42.92	450m: 6:19.42	42.77 650m: 9:11.64	43.33
	100m: 1:17.97	41.37 300m: 4:10.00	43.24	500m: 7:01.98	42.56 700m: 9:55.12	43.48
	150m: 2:01.06	43.09 350m: 4:53.38	43.38	550m: 7:45.02	43.04 750m: 10:38.25	43.13
	200m: 2:43.84	42.78 400m: 5:36.65	43.27	600m: 8:28.31	43.29 800m: 11:19.53	41.28