

Programmanr. 105
16-3-2024

2000m vrije slag

Masters
Resultaten

rang	naam	vereniging	intijd	tijd	RT			
Masters 25+, Heren								
1.	Nicko Kamphuis	De Warande	NT 199900887	23:30.21				
	50m: 28.45	28.45	550m: 6:12.07	34.85	1050m: 12:09.57	35.79	1550m: 18:09.41	36.30
	100m: 1:01.64	33.19	600m: 6:47.26	35.19	1100m: 12:45.59	36.02	1600m: 18:45.87	36.46
	150m: 1:35.86	34.22	650m: 7:22.55	35.29	1150m: 13:21.67	36.08	1650m: 19:22.55	36.68
	200m: 2:10.32	34.46	700m: 7:57.87	35.32	1200m: 13:57.64	35.97	1700m: 19:59.12	36.57
	250m: 2:44.69	34.37	750m: 8:33.38	35.51	1250m: 14:33.33	35.69	1750m: 20:35.77	36.65
	300m: 3:18.95	34.26	800m: 9:08.79	35.41	1300m: 15:09.12	35.79	1800m: 21:12.61	36.84
	350m: 3:53.61	34.66	850m: 9:44.39	35.60	1350m: 15:45.16	36.04	1850m: 21:48.44	35.83
	400m: 4:28.24	34.63	900m: 10:20.75	36.36	1400m: 16:21.09	35.93	1900m: 22:24.59	36.15
	450m: 5:03.02	34.78	950m: 10:57.11	36.36	1450m: 16:57.46	36.37	1950m: 22:58.40	33.81
	500m: 5:37.22	34.20	1000m: 11:33.78	36.67	1500m: 17:33.11	35.65	2000m: 23:30.21	31.81

Masters 50+, Heren

1.	Chris Kouwenhoven	De Grunte	28:46.63	197101669	28:02.90			
	50m: 37.38	37.38	550m: 7:35.87	41.76	1050m: 14:34.63	42.04	1550m: 21:40.10	42.97
	100m: 1:19.23	41.85	600m: 8:17.67	41.80	1100m: 15:17.41	42.78	1600m: 22:23.32	43.22
	150m: 2:01.83	42.60	650m: 8:59.25	41.58	1150m: 16:00.20	42.79	1650m: 23:05.96	42.64
	200m: 2:43.66	41.83	700m: 9:41.05	41.80	1200m: 16:42.38	42.18	1700m: 23:49.05	43.09
	250m: 3:25.46	41.80	750m: 10:22.88	41.83	1250m: 17:24.76	42.38	1750m: 24:32.01	42.96
	300m: 4:06.94	41.48	800m: 11:04.73	41.85	1300m: 18:07.32	42.56	1800m: 25:14.59	42.58
	350m: 4:48.52	41.58	850m: 11:46.66	41.93	1350m: 18:49.19	41.87	1850m: 25:57.33	42.74
	400m: 5:30.39	41.87	900m: 12:28.92	42.26	1400m: 19:32.12	42.93	1900m: 26:39.50	42.17
	450m: 6:12.38	41.99	950m: 13:11.19	42.27	1450m: 20:14.63	42.51	1950m: 27:23.57	44.07
	500m: 6:54.11	41.73	1000m: 13:52.59	41.40	1500m: 20:57.13	42.50	2000m: 28:02.90	39.33
2.	Erik Huisman	De Biesboschwemmers	NT 197401405	34:25.53				
	50m: 42.27	42.27	550m: 9:09.60	51.69	1050m: 17:53.47	52.35	1550m: 26:42.69	53.12
	100m: 1:29.52	47.25	600m: 10:01.60	52.00	1100m: 18:46.28	52.81	1600m: 27:35.06	52.37
	150m: 2:18.20	48.68	650m: 10:54.43	52.83	1150m: 19:39.52	53.24	1650m: 28:27.18	52.12
	200m: 3:08.73	50.53	700m: 11:46.13	51.70	1200m: 20:32.97	53.45	1700m: 29:20.09	52.91
	250m: 3:59.06	50.33	750m: 12:37.61	51.48	1250m: 21:25.20	52.23	1750m: 30:11.66	51.57
	300m: 4:50.85	51.79	800m: 13:29.88	52.27	1300m: 22:18.54	53.34	1800m: 31:03.10	51.44
	350m: 5:42.66	51.81	850m: 14:22.78	52.90	1350m: 23:11.53	52.99	1850m: 31:55.03	51.93
	400m: 6:34.09	51.43	900m: 15:16.08	53.30	1400m: 24:04.45	52.92	1900m: 32:47.26	52.23
	450m: 7:25.87	51.78	950m: 16:07.99	51.91	1450m: 24:57.73	53.28	1950m: 33:39.44	52.18
	500m: 8:17.91	52.04	1000m: 17:01.12	53.13	1500m: 25:49.57	51.84	2000m: 34:25.53	46.09