

Programmanr. 3
16-3-2024

800m vrije slag

Senioren
Resultaten

rang	naam	vereniging	intijd	tijd	RT			
Junioren 1 en 2, Jongens								
1.	Ehor Poznyak	Wijchen	NT	201003501	11:00.11			
	50m: 35.77	35.77	250m: 3:19.02	42.17	450m: 6:08.61	42.15	650m: 8:58.32	41.62
	100m: 1:14.85	39.08	300m: 4:01.68	42.66	500m: 6:50.94	42.33	700m: 9:40.51	42.19
	150m: 1:55.45	40.60	350m: 4:44.02	42.34	550m: 7:34.61	43.67	750m: 10:22.07	41.56
	200m: 2:36.85	41.40	400m: 5:26.46	42.44	600m: 8:16.70	42.09	800m: 11:00.11	38.04

Junioren 1 en 2, Meisjes

1.	Eva de Kieviet	ZPC Numansdorp	12:26.24	201202064	11:56.96			
	50m: 39.16	39.16	250m: 3:36.76	44.64	450m: 6:36.63	44.61	650m: 9:41.51	46.34
	100m: 1:22.36	43.20	300m: 4:22.02	45.26	500m: 7:22.13	45.50	700m: 10:28.00	46.49
	150m: 2:06.78	44.42	350m: 5:06.79	44.77	550m: 8:08.66	46.53	750m: 11:13.48	45.48
	200m: 2:52.12	45.34	400m: 5:52.02	45.23	600m: 8:55.17	46.51	800m: 11:56.96	43.48

Junioren 3 en 4, Meisjes

1.	Femke Sonneveld	Poseidon'56	13:03.01	200902802	11:38.19			
	50m: 39.70	39.70	250m: 3:37.65	44.47	450m: 6:35.87	44.20	650m: 9:30.51	43.39
	100m: 1:23.86	44.16	300m: 4:22.75	45.10	500m: 7:19.70	43.83	700m: 10:14.28	43.77
	150m: 2:08.59	44.73	350m: 5:07.52	44.77	550m: 8:03.68	43.98	750m: 10:58.32	44.04
	200m: 2:53.18	44.59	400m: 5:51.67	44.15	600m: 8:47.12	43.44	800m: 11:38.19	39.87

Jeugd 1 en 2, Meisjes

1.	Jansje de Ridder	De Biesboschwimmers	11:00.00	200800194	10:41.51			
	50m: 37.82	37.82	250m: 3:23.19	40.80	450m: 6:07.18	39.53	650m: 8:46.42	38.85
	100m: 1:18.89	41.07	300m: 4:04.79	41.60	500m: 6:47.37	40.19	700m: 9:25.87	39.45
	150m: 2:00.38	41.49	350m: 4:46.42	41.63	550m: 7:27.70	40.33	750m: 10:04.21	38.34
	200m: 2:42.39	42.01	400m: 5:27.65	41.23	600m: 8:07.57	39.87	800m: 10:41.51	37.30

Senioren 1 en ouder, Dames

1.	Bente Koeman	De Warande	NT	200500900	11:05.63			
	50m: 37.29	37.29	250m: 3:22.19	41.71	450m: 6:11.32	42.69	650m: 9:01.94	42.82
	100m: 1:17.80	40.51	300m: 4:04.29	42.10	500m: 6:53.51	42.19	700m: 9:44.22	42.28
	150m: 1:59.29	41.49	350m: 4:46.42	42.13	550m: 7:36.42	42.91	750m: 10:26.32	42.10
	200m: 2:40.48	41.19	400m: 5:28.63	42.21	600m: 8:19.12	42.70	800m: 11:05.63	39.31
2.	Dayna van Hoor	Poseidon'56	12:33.23	200502800	11:55.15			
	50m: 38.68	38.68	250m: 3:36.06	45.35	450m: 6:37.40	45.31	650m: 9:39.81	46.32
	100m: 1:21.40	42.72	300m: 4:21.49	45.43	500m: 7:22.84	45.44	700m: 10:25.15	45.34
	150m: 2:05.71	44.31	350m: 5:06.99	45.50	550m: 8:07.81	44.97	750m: 11:11.96	46.81
	200m: 2:50.71	45.00	400m: 5:52.09	45.10	600m: 8:53.49	45.68	800m: 11:55.15	43.19